

Owensboro Catholic High School



ATHLETIC HANDBOOK FOR ATHLETES PARENTS COACHES

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I. MISSION STATEMENT

The Owensboro Catholic Schools share in the mission of the Church in co-operation with families to provide a religious and academic education, which prepares students to become responsible members of family, Church, and community.

II. PHILOSOPHY

We at Owensboro Catholic High School believe that each person is sacred and individual and both called and destined by God for continued growth of all his or her faculties, abilities, and awareness, both spiritual and material.

We believe, therefore, that it is the primary responsibility of the school to create a truly Catholic environment in which each student is afforded the opportunity to become aware of his or her own worth and be inspired to seek fulfillment in all levels of his or her existence.

III. ATHLETIC ADVISORY BOARD

The OCS Athletic Advisory Board acts in an advisory capacity to the principals of the school system in all athletic matters. The Board also acts as a subcommittee of the OCS School Board. The OCS Athletic Advisory Board also acts as the Title IX committee for the high school.

IV. HANDBOOK

The rules and policies contained herein are not intended to hinder an athlete in any way, but rather to make him/her more responsible to self and school. Everyone must have guidelines within which to work. We have included the major policies of OCHS and the KHSAA, however no handbook can cover all situations. The school reserves the right to amend this handbook with just cause.

It is the athlete's responsibility to see if a coach requires any rules or regulations in addition to the ones contained in this handbook.

Participating in high school athletics is a privilege. Any conduct that results in dishonor to the athlete, the team, or the school will be addressed. Acts of unacceptable conduct, include but are not limited to, violations of civil law, disrespect, un-sportsmanlike conduct, or severe violations of school rules. The school reserves the right to suspend athletes from competition.

V. OCHS ATHLETE' CREED

An OCHS Athlete is one who believes:

- that an athlete must abide by the rules of the school and team
- that because of the athlete's influence on younger students, the athlete should be a roll model of positive behavior both on and off the field or floor
- that athletic contests should produce goodwill between schools, and it is the duty of each player to promote this feeling.
- that the proper question for the athlete is "How can I help the school and team?" instead of "How can the school and team help me?"
- that it is an honor and privilege to play on a high school team.
- that an athlete does not in any way abuse his/her body with drugs or alcohol.

VI. REQUIRED FORMS

The head coach shall see that each player has completed and turned in the following three forms before being allowed to tryout, practice, or play. The head coach shall submit a list of all athletes participating on the first day of practice.

- a. KHSAA Form GE 04: Make sure all 6 parts are completed. the physical examination, parental consent, player eligibility, and acknowledgement of risk form.
- b. Diocesan Activity Form A (Emergency and Medical Information) will be filled out at registration and kept on file in the Athletic Office. When you submit your list of athletes the athletic secretary will make you copies of Form A.
- c. Diocesan Activity Form C (Activity Information Form), and D (Code of Conduct Form).
- d. Coaches should have a copy of all forms in their possession at all competitions and practices.
- e. Coaches must submit an accurate Roster Form for each team (Freshman, JV, and Varsity) and file with the Athletic Office on the first day of regular season play. The form is on the OCHS "T" drive or the KHSAA web site.

VII. ELIGIBILITY

Prior to any PRACTICE OR PLAY (including tryouts) by a student athlete, that athlete must be eligible at that time. KHSAA rules concerning transfer, age, academics and enrollment affect eligibility. The Athletic Office will keep a list of students ineligible for the year on file for reference.

In addition to the required forms the following rules affect an athlete's eligibility:

- a. **Weekly grade check:** Grades of athletes are checked Friday of each week. An athlete must be passing at least six subjects (including Religion) to be eligible. Athletes ineligible may not practice or play starting the following Monday and lasting through Sunday. The Athletic Office will notify the athlete and the coach.
- b. **Grade Level:** To be eligible for athletic competition in the state of Kentucky, a student must be at his/her proper grade level. The following chart shows the number of credits a student must earn to be at grade level. Students not at grade level on the first day of the school year are ineligible for the entire year.

Credits to Graduate	Credits needed for grade10	Credits needed for grade 11	Credits needed for grade 12
26	5.5	12.0	18.5

- c. **Transfer Students:** Students transferring to OCHS after the beginning of their 9th grade year are ineligible and may not tryout or practice until declared eligible by the KHSAA and the principal notifies the coach and athlete.
- d. **Attendance at School:** Students who are not in school at least 2 periods will not be permitted to participate in extracurricular activities after school. Only the principal has the authority to waive this rule.

VIII. SUPERVISION OF STUDENTS

Student athletes may not practice or meet without a coach or other staff member supervising. This includes all sports and extracurricular activities, including the use of the weight room.

A coach is to remain after practices or games until all students are picked up.

Hazing/Initiations

Hazing, initiations, or harassment that degrades or humiliates another is not permitted and all incidents should be reported to the Athletic Director. Coaches should make this known to players, should establish a tone of respect for all members of the team and should monitor locker rooms, rooming on trips, and, any other situations that may provide this opportunity especially involving younger members.

IX. PRACTICE DRESS

Appropriate dress for students at practice and games is:

Males are to have shirts on before, during, and after a practice or game.

Females are to have no midriff shirts and please no sports bras only.

X. KHSAA & RECRUITING

KHSAA rules state that only the principal may talk to a student or parent of a student from another school about transferring to OCHS. If approached the coach is to cut off all discussion on the subject immediately and tell the parent or student that he or she is to contact the principal of OCHS.

XI. BUDGETS

It has always been Owensboro Catholic High School's policy to include in their athletic budgets the basic equipment needed to function as an athletic team. Anything beyond the basic equipment would need to come from an athletic team's own fundraising endeavors, and must be pre-approved by the school's athletic director. The athletic director should have a list of the proposed expenditures from a sport's extra-curricular fund.

Each head coach is responsible for working with the Athletic Director in preparing a budget for his/her sport for the next school year following the guidelines below. The athletic director will give you periodic reports on your budgets to assist you.

Absolutely no equipment or supplies are to be purchased without advanced approval of the athletic director. Purchases are not to be made unless a purchase order has been issued for it and signed by the athletic director. The athletic director should have a list of the needed equipment for each sport.

OWENSBORO CATHOLIC HIGH SCHOOL ACCOUNTING POLICIES

Owensboro Catholic High School, as a member of the Owensboro Catholic School System, is bound by policies adopted by the Owensboro Catholic Schools Board. Because of this and for secure and responsible control, certain financial procedures must be followed involving fundraisers or any exchange of money throughout the school.

According to School Board policy #3600, "All cash received by the organization should be receipted and go through the school site." This means that ALL money raised for any fundraiser or project in the school is to be deposited by the school.

Money should never be taken out of proceeds to pay anyone helping out or to go purchase any needed items. This may take some planning ahead on the part of those people involved in chicken cooks, play productions, or any such event.

Purchase orders are to be obtained BEFORE any purchases are made for the school. At the time a purchase order is obtained, the person will be informed whether the school has a charge account with that vendor or exactly how to take care of the billing process. Please keep in mind that some store charge cards are in high demand (Wal-Mart, Staples, Kroger, VISA, etc.) and need to be returned within **2 days** of purchase.

OCS Scrip may be used. However, problems arise with having a few dollars or even cents left on a card. If this option is selected, all receipts for purchases using Scrip must be submitted for record purposes.

Purchases made on-line MUST have a receipt printed and turned in following the submittal of the order.

Reimbursement to an individual for purchases made is not an option. The school has tax-exempt status that an individual does not have, so besides saving the school organization a little money, reimbursing individuals does not look good to auditors.

Parents play an important role in the fundraising efforts of the school. There are many who are very knowledgeable about where to find the best price for the products they need and they feel

they are helping the school out in that respect. **However, the parents are under the control and supervision of the sponsor of such organization.** They should be looking to the sponsor for guidance in the correct procedures to follow. Most parents, who work in any other type of business or any other school district, know that there are strict rules for making purchases anywhere. Our school is not the exception.

FUNDRAISERS

All fundraisers must first get approval from the Athletic Director and then from OCS central office. Fundraiser requests must be submitted by July 15 or January 15. Use appropriate forms.

Any time a sponsor is dealing with money in any way, see the Athletic Secretary to discuss the specific activity and find out the correct way to handle all income and expenses related to that activity. In this way, everything will be done according to policy and correct financial procedures.

XII. EQUIPMENT & INVENTORY

Coaches are responsible for collecting all equipment and uniforms. In most sports, where uniforms are possible to use for more than one year, athletes may not be given uniforms, or other equipment unless they personally paid for them. If they were paid for through the budget, extra-curricular, or fundraising, they are the property of the school. Coaches may petition the Athletic Director for special exemptions to this rule, in instances where uniforms are damaged, or in sports where it is not feasible to re-use uniforms.

Each head coach must take inventory of all equipment for his sport at the end of the season. A copy of that inventory is to be on file with the athletic director and a copy is to be retained by the head coach.

Athletes Responsible for Equipment

Athletes are responsible for all equipment issued to them and are to pay for damaged and equipment lost due to negligence. There will be no awards given until the athlete has accounted for his/her equipment. Seniors will not receive their caps and gowns until all equipment is turned in. Coaches are to turn these names in to the AD or Main Office.

XIII. TRANSPORTATION

Policy

Students are to ride the school's transportation to any game in which it is provided. And they are to return on school transportation unless the student is released to the parent or legal guardian. Coaches are to record by sign out sheet when students are released to his/her parents or legal guardian. The student may not be released to a designee of the parent.

Parents transporting athletes other than their own son or daughter in a private vehicle is the least preferred method of transportation and should be used only when all other means of transportation is unavailable. If permission is granted to use parent drivers, permission must be obtained from the Athletic Director, and the required Volunteer Driver Permission form must be obtained at least **two weeks** in advance to allow the Diocese to approve.

When a private vehicle is used to transport students, the driver's insurance is primary.

Coaches or school representatives should never direct students to drive other students to practices or games. It is acceptable for parents to arrange for their child's transportation to practice or games but the school is to never have a part in that arrangement. This includes in-town games.

A coach should stay with students until all have been picked up.

Transportation Requests

Busses and mini busses are to be used for team transportation whenever possible.

Transportation requests should be made for the season when your schedule is set or two weeks in advance. The athletic director will assist the coach in scheduling the buses and drivers. If buses are not available, the coach and athletic director should work out other means of transportation.

Coaches are responsible for the behavior of their teams on the bus and cooperating with the driver to maintain a safe environment. There is a checklist in each bus/mini bus kit that each driver must fill out before driving. The driver and coach are to make sure that the vehicles are returned clean and filled with fuel. Painting or taping or otherwise hanging signs on the school vehicle is prohibited. The vehicles will be checked each morning. If a vehicle is found to be inordinately dirty, the budget of the coach who last used the vehicle will be charged \$25.00 for cleanup.

Travel & Per Diem Policy

1. For some sports KHSAA and Touchstone Energy All A will reimburse a certain amount toward room and meals. All expenses incurred above this amount will come out of that sport's extra-curricular account.
2. For those sports that KHSAA does not pay anything, the Athletic Office will pay \$50 per night/per room. This will come out of the Contingency account. We will also pay \$6/per meal for coaches and \$5/per meal for athletes. Any expenses incurred above this amount will come out of that sport's extra-curricular account.
3. For regular season trips leaving before 4:00 PM on a school day food is provided at approximately \$4.00 per player.
4. OCHS provides similar travel opportunities for tournaments, out-of-region, and out-of-state events for like teams.
5. OCHS provides similar travel opportunities for regular season games for like teams.
6. All overnight trips must be approved prior to being scheduled.

XIV. CONTRACTS

All game contracts are on file in the athletic office. Each coach should check to make sure we have a signed contract for each game. Baseball/softball have no contracts due to rainouts.

XV. SCHEDULING

Each coach is responsible for working with the athletic director in scheduling. Scheduling should be completed as soon as possible in order for us to schedule the use of fields and other non-school facilities. Any change in scheduling must be approved by the Athletic Director.

XVI. DAYS ATHLETIC ACTIVITY PROHIBITED

OCS board policy prohibits athletic activity on the following dates:

Mother's Day

Ash Wednesday

Triduum: Holy Thursday, Good Friday, Holy Saturday

Easter Sunday

Christmas Eve

Christmas Day

Exam Nights: OCHS policy is that contests may not be scheduled on any night before exams without permission.

Sunday: No student activities may be scheduled on Sundays before Noon and after 4 PM. Requests for exemptions to this rule must be made to the principal. Teams traveling on Sunday are to attend Mass.

Travel: OCHS teams traveling or staying home during Holy Week must abide by the following.

1. May not play or practice on: Holy Thursday, Good Friday, Holy Saturday, and Easter
2. If players are out of town with the team (whether in FL or traveling), they must attend services with the team on: Good Friday, Holy Saturday, Easter, or any Sunday

Note: if a player is staying with his/her parents, it is not the responsibility of the coach but of the parents to take him/her to services.

XVII. REPORTING OF GAMES

The coach is responsible for reporting the results of all home games to the KHSAA and the media. KHSAA Scoreboard 1-800-453-6882.

XVIII. MORNING ANNOUNCEMENT CONGRATULATIONS

The coach is responsible for preparing congratulations or acknowledgments that he/she wants announced at regular morning announcements.

XIX. RECORDS

Each coach is asked to accumulate and compile team and individual records in his/her sport. Copies of those records should be kept on file in the athletic office (turned in to the Athletic Director at the end-of-year review meeting), and the coach should also keep a copy.

XX. STUDENT AWARDS

Lettering and Awards

Each head coach sets the criterion for lettering and other awards and should communicate that to the athletes at the beginning of the season. In addition, the athlete should be in good discipline standing with the school and complete the season in the given sport. Once an award is accepted, it is up to the athlete to see that it is properly respected and cared for. Letters and bars are provided by the Athletic Department. The Athletic Department also provides \$2.00 per team member for awards presented at the end of the season. Anything above this must come from the sport's extracurricular account.

Liz Lukschu Award (Outstanding Senior Female Athlete)/Fr. Conner Award (Outstanding Senior Male Athlete)

Awards are given at the end of the year for the outstanding Male and Female senior athletes.

Recipients should be outstanding athletes who have significant athletic accomplishments at the district, regional, and or state level as well as the following attributes:

Good Christian, good character, good citizen; a leader, a participant in worthwhile school activities, a person with compassion and concern for his/her fellow students; one who is unselfish and conducts self not for personal acclaim, but because it is right. Person should be a good influence in school and community.

Head coaches will be asked to nominate and vote for worthy athletes.

XXI. REQUIREMENTS FOR COACHING

All persons designated as coaches (paid or unpaid) must meet the following:

Must be 21 years old and a high school graduate

Certified CPR including AED training

Certified in the Diocese of Owensboro Sexual Abuse Policy

Have a criminal background check completed on MYB form and not have been a violent offender or convicted of a sex crime as defined by KRS 17.165 that is classified as a felony

Completed the KMA/KHSAA Sports Safety Course (Replaces the Medical Symposium)

Level 1 & 2

Must have 64 college credit hours (need transcript) or

Be certified by KHSAA using Form GE 40 and completing the five required online coaching education components prior to the first contest date

Complete the KY Coaches Education Program (good for lifetime) within one year of date hired

Head Coaches

Must have Rules Clinic yearly (Many of these are online)

Must meet with the Athletic Director at the end of season for an evaluation meeting.

Assistant Coaches

No head coach should identify or use any person as an assistant coach who has not been approved by the principal. Persons wishing to coach should contact the Athletic Office to fill out the proper forms. Kentucky state law requires a criminal records check be run for all staff, including volunteers.

NOTE:

Paraprofessionals and volunteers may not supervise athletes unless under the direct supervision of a Level 1 or Level 2 coach.

XXII. REQUIREMENTS TO DRIVE AN OCHS VEHICLE

Bus drivers must have a CDL with passenger endorsement along with training provided by OCHS.

Mini-bus drivers must have training provided by OCHS and a **current CDL physical**.

OCHS insurance checks the driving record of all drivers.

XXIII. FACILITIES USE

The choice of team practice schedule, times, and locations must be in compliance with KHSAA gender equity requirements. Coaches are obligated to work together on practice times and locations to assure that gender equity is maintained.

Coaches should schedule the use of the Large Gym, Small Gym, and the Weight Room in the Athletic Office. Steele Stadium may be scheduled by the Head Coach contacting the KWC Athletic Office.

All facilities are to be locked at all times. Students may not use the facilities without supervision. Coaches and others who need to use them should have keys. Keys should never be given to students or parents without permission of the principal. Only faculty/staff members are to open any facility.

Groups or individuals may not use the facility without the permission of the Athletic Director or Principal and the supervision of a staff member.

There is to be no setup or takedown of chairs, tables, or equipment without someone appointed by the maintenance supervisor to oversee the process. Only maintenance is to remove chairs.

The gyms are not to be used for either baseball or softball practice.

Weight Room Policy

The weight room is available to all teams who wish to use it. You may sign up for use of the weight room on the calendar in the athletic office. The following guidelines will be used.

1. Prime Time: Three pm to 4 pm Monday through Friday is considered “Prime Time” for weight room use. Mondays, Wednesdays, and every other Friday will be reserved for exclusive use of the weight room by male athletic teams. Tuesdays, Thursdays, and every other Friday will be reserved for the exclusive use of the weight room by female athletic teams.
2. Teams will sign up in the following order: teams currently in season, teams whose seasons are coming up, and teams out of season. Teams in season should schedule for their entire season.
3. All other times including morning times are available to all teams using the above order.

XXIV. OCHS ATHLETIC ADVISORY BOARD POLICIES

Transfer Students

Students transferring to OCHS during the school year are ineligible for interscholastic athletes until all school requirements have been met and the KHSAA has ruled the student eligible. The student is prohibited from any participation in athletics until the principal notifies the coach that the student is eligible. The student must also meet any requirements set by the coach for that sport.
(Adopted June 22, 1983 Clarified July 2011)

Students Below Grade 9 in OCHS Athletic Programs

“Playing-up” means playing on a team at the high school level in a sport that is offered at your school at the same time.

Students below grade 9 may “play-up” only with the agreement of and upon the conditions set by the parents, principals, and head coaches involved. (Depending on the sport, students may be allowed to try out for a team and make the team dependent on the criterion decided on by the coach.)

If a student below grade 9 plays above his/her grade level, the student may not at any time during that sport’s season return to playing at his/her actual grade level.

Students below grade 9 may play-up in the following sports:

Cross Country, Basketball, Baseball, Girls Soccer, Volleyball, Track/Field

“Participating” is defined as playing on a team at the high school level in a sport that is not offered at your school at the same time.

Students below grade 9 may participate on a team at the high school level only with the agreement of and upon the conditions set by the parents, principals, and head coaches involved.

Students below grade 9 who “play up” or participate on high school teams are governed by the academic policies of their respective schools but grades must be checked weekly as required by KHSAA.

(Adopted Summer 2004; Revised Summer 2008; Clarified July 2011)

Participation in more than one sport in the same season

An athlete may participate in only one sport per season unless he/she has received the approval of the coaches involved and the athletic director.

Ten Practice Rule or Quitting of a Sport by an Athlete.

Any athlete who quits a sport after participating in 10 practice days is ineligible to practice for any other sport until his/her original sport season is completed.

Athletes wishing to drop a sport should see your immediate coach, then the head coach and turn in all equipment issued to you. An athlete must be granted permission from the Athletic Director to begin participating in another sport before the previous sport's season is completed. This rule does not apply to an athlete cut from a sport. If an athlete is dropped from a team for disciplinary reasons, he/she is ineligible until that original sport's season concludes. (Adopted September 7, 1983)

Staff Tobacco Use Prohibited

Use of tobacco by employees is prohibited on the campus at any time. It is also prohibited off campus when working with and in sight of students.

XXV. O.C.H.S. ALCOHOL and DRUG POLICY for ATHLETES, ACETTES, and CHEERLEADERS

The possession, use, or transfer of alcohol, a controlled substance, or look alike on school property or at OCHS functions is prohibited.

A first offense requires that the student and his parents/guardians appear before a Discipline/Attendance Board, which consists of six faculty members appointed by the Principal. The student may choose two additional staff members to serve on the Board.

The purpose of this board is to review the academic, attendance, and discipline record of the student, allow the student and his parents/guardians a chance to speak, and recommend to the Principal appropriate consequences. The student may be required to attend outside counseling as a condition of continued enrollment at OCHS.

For students involved in extra-curricular activities, the board is to establish consequences relating to the extra-curricular activity with a minimum suspension of 10% for performance based activities (Athletics, Cheerleaders, Acettes, Academic Team, Band, Flag Corps, Thespians, Emerald Productions, KYA, KUNA) and probation for 12 months.

A second violation during the 12-month probation will result in the student being suspended from the extracurricular activity for 12 months from the date of the second offense. A second offense will result in the original Discipline/Attendance Board being recalled to review the student's record and recommend appropriate consequences up to and including expulsion.

XXVI. INJURY

Athletes must report all athletic injuries to their coach. If the injury requires medical attention by a doctor or treatment center, the coach is to complete an injury report form and file it with the Athletic Office. Once a physician treats the athlete, the athlete must obtain the doctor's permission to return to activity and present this to the coach.

XXVII. ATHLETIC TRAINER

OCHS provides a certified athletic trainer for 12-15 hours per week. The trainer is available after school on certain days in the Trainer's Office located under the large gym using the southwest stairway.

The use of the athletic trainer does not obligate parents and their athletes to use a particular doctor. They are free to choose any doctor for treatment.

XXVIII. INSURANCE

The athlete's own insurance is primary and all claims should be submitted to that plan first. OCHS carries a secondary insurance policy on all athletes. If the parent is not fully reimbursed by their primary carrier, a claim should be filed under the Athletic Plan. Responsibility for filing a claim and collecting is with the parents. Forms are available from the Athletic Office.

The Kentucky High School Athletic Association provides a catastrophic insurance policy subject to their rules and regulations. See www.khsaa.org for details.

XXIX. STAFF INJURY

If a staff member is injured during the performance of their duties, report the injury to Tracy Miller in the OC main office within 24 hours.

XXX. COMMUNICATIONS

Parent Communication with Staff

When you have concerns and questions please address them in a courteous and civil manner and do it at the right time and in the proper setting. Generally, on the field or court before or after a contest is not the proper place to communicate. Request a meeting with the coach. If the matter is not resolved, you may request a meeting with the Athletic Director. If still not satisfied, you may request a meeting with the Principal.

If an athlete encounters a problem, he/she should discuss the matter with the coach and resolve it there. If there is a need for a policy or rule interpretation, the athlete is free to come to the Athletic Director for clarification.

PLAYING TIME

The coaches will determine team lineups, positions and ultimately make all game decisions regarding playing time. As previously stated, the athletic department does not guarantee that all members of a team will receive playing time in game situations. Generally, athletes on a team may receive more playing time at the freshman and junior varsity level. The varsity level teams can be viewed as the most competitive level of a program and consequently not all athletes may get the chance to participate in games. All athletes, however, will be given fair and ample opportunity to demonstrate their abilities throughout the season.

NCAA ELIGIBILITY

Visit the NCAA website at www.ncaaclearinghouse.net for specific information on NCAA eligibility requirements.

The Profile of the Ideal Parent



Support your child and attend as many contests as possible.



Avoid putting pressure on your offspring to start, score, or be the star of the team.



Support the coach in public.



Avoid speaking negatively about the coach in front of your child. It may create a major barrier in the child's hope for improvement in the sport.



Understand the ultimate purpose of athletics. It exists as an integral part of the total education mission of the school, and participation in athletics is a privilege and not a right.



Serve as good role models for the students, athletes, and other fans.



Contribute as members of the booster club. This means volunteering to help with projects and committees.



Appreciate the educational opportunity that your child is receiving in our athletic program. This includes the enormous time and effort provided by the coach.



Attend the pre-season parents' meeting and read our Parent/Athlete Handbook.



Serve as beacons of good sportsmanship.



Show respect to everyone involved in high school athletics-the coach, athletes, fans, officials, and administrators.



Follow the chain of command at Owensboro Catholic when you have a concern. Immediate coach, head coach, Athletic Director, Principal.



Express concerns and questions in a courteous and civil manner and do it at the right time and in the proper setting.



Abide by all the policies, regulations, and procedures for our athletic program.



Understand that the goals of the team and athletic program are more important than the hopes and dreams you have for your child.



Avoid constant and chronic complaining.

OCHS ROTATION FOR UNIFORM ALLOWANCE

2007-08

Baseball
Golf - Boys
Golf - Girls
Soccer -Girls
Track/Field
Softball

2011-12

Baseball
Golf - Boys
Golf - Girls
Soccer -Girls
Track/Field
Softball

2008-09

Basketball – Boys (bought in 07/08)
Soccer - Boys
MS Cheerleaders (bought in 07/08)
MS Soccer - Boys
MS Track

2012-13

Basketball - Boys
Soccer - Boys
MS Cheerleaders
MS Soccer - Boys
MS Track

2009-10

Basketball - Girls
Football
Volleyball
MS Basketball - Girls

2013-14

Basketball - Girls
Football
Volleyball
MS Basketball - Girls

2010-11

Acettes
Cheerleaders
Cross Country
MS Basketball - Boys
MS Football

2014-15

Acettes
Cheerleaders
Cross Country
MS Basketball - Boys
MS Football

OCHS ATHLETIC OFFICE DUE DATES

Item	Season	Date Due
Sports Schedules to Athletic Office	Fall	June 1
	Winter	Oct. 1
	Spring	March 1
Schedules to Printer	Fall	July 15
	Winter	Oct. 15
	Spring	March 15
Schedules ready to give out	Fall	Registration
	Winter	Nov. 1
	Spring	April 1
Team Pictures taken	Fall	Aug. 1- or closest available date
	Winter	Nov. 1- or closest available date
	Spring	March 15 - or closest available date

Note to Coaches: Order uniforms early so they will be ready for pictures.
Senior Athletes picture for cover.

**DIOCESE OF OWENSBORO
ACTIVITY INFORMATION FORM**

FORM C

DATE _____

Dear Parent or Legal Guardian:

Your son or daughter is eligible to participate in a parish sponsored youth activity requiring transportation to a location away from the parish grounds. This activity will take place under the guidance and supervision of employees and/or volunteers from _____ parish youth group. A brief description of the activity follows:

DESTINATION _____

EDUCATIONAL OBJECTIVE _____

PLANNED ACTIVITIES _____

DESIGNATED SUPERVISOR OF THE EVENT _____

DATE, TIME AND LOCATION OF DEPARTURE _____

ANTICIPATED TIME AND LOCATION OF RETURN _____

METHOD OF TRANSPORTATION _____

ACCOMMODATIONS (IF APPLICABLE) _____

TOTAL COST _____



Please return this bottom portion to the designated Supervisor of the event.

NAME AND DATE OF ACTIVITY _____

NAME OF YOUTH _____

PARENT PHONE (WORK) _____ PHONE (HOME) _____

☛ In an emergency someone other than parent/guardian ☛

NAME _____

PHONE (WORK) _____ PHONE (HOME) _____

I/We, the parent/parents and/or legal guardian(s) of the above named child, hereby request permission for my son/daughter to participate in any and all of the activities of Owensboro Catholic High School.

I/We do hereby further generally, fully, completely and absolutely hold harmless the Diocese of Owensboro and the above-named organization, including but not limited to, all board members, officers, sponsors, employees, leaders, volunteer drivers and chaperones from any and all liability of any kind or nature whatsoever. In case of injury to my/our child, I/we hereby waive all claims against the parties set forth above, and further agree to fully indemnify and hold said parties harmless from any liability whatsoever. I/We likewise release from responsibility any person transporting my/our child to or from the activities. I/We understand the possibility of unforeseen hazards and know the inherent possibility of risk. I/We believe that the subject of this release is physically and mentally capable of taking reasonable precautions to protect his/her own safety and has the maturity and judgment not to put himself/herself or others in dangerous situations.

X _____ Date _____

Parent/Guardian Signature



DIOCESE OF OWENSBORO

Catholic Pastoral Center

July 1, 2011

To the Coaches of High School Athletics at Owensboro Catholic, Sr. Mary, and Trinity High Schools:

Thank you for all you do for our student-athletes. Coaching athletics at the high school level is very difficult and time-consuming, and can often be a thankless job. The hours are long and the pay is low compared to the time and effort required. But the opportunities to shape students' lives are priceless.

The students at our three high schools are the beneficiaries of strong faith formation and effective coaching. However, there are occasionally reports of inappropriate language and/or inappropriate actions by coaches and athletes, both at games and practices. The Diocese of Owensboro Adult Code of Conduct requires all diocesan employees to treat our young people with dignity and respect at all times, and coaches agree to follow that same Code of Conduct as part of their contracts. There must be a clear understanding at all of our schools that what is inappropriate in the classroom and in the home is likewise inappropriate on the field and in the gym. It is also important to note that all diocesan activities are governed by the office of the bishop, and Bishop William Francis Medley firmly supports the concept of athletics conducted according to Gospel values.

In the course of a season, inevitably there are times when athletes need to be reminded – in such a way that leaves no doubt - that the good of the team requires them to behave well and to perform to their greatest potential, and it's the coaches' job to make that happen. But coaches can make that happen without inappropriate behavior and/or language, and without humiliating the athlete. And when coaches do exhibit negative behavior, (a) the incident should be handled in such a way that it does not reoccur, and (b) the incident should become a teachable moment by way of an apology to the players.

However, it is not the purpose of this letter to focus on incidents and penalties. Those should be handled by the administration of each school. The purpose of this message is to emphasize that due to the nature of the exciting, demanding, and competitive activities that stay with students for the rest of their lives, coaches at Catholic high schools are given an opportunity that is absolutely unique – which is to build those memories on a strong foundation of Gospel values.

As Catholics we are called to evangelize. And coaches have golden opportunities to evangelize their athletes – either directly or by example - at every practice and every contest. But it doesn't stop there. Our athletes have the opportunity to evangelize their teammates *and their opponents*. By conducting themselves with class, by giving full effort at all times, by supporting their teammates and showing respect for coaches, opponents, and officials, and by refusing to be dragged down to a lower level of ethics if the opponents talk trash – our athletes can send a message to opponents and spectators that is very powerful and *will not be forgotten*.

It is common knowledge that our communities hold our schools to a very high ethical standard. When the word "Catholic" is part of a school's name, it automatically sends out an expectation of exemplary behavior on and off the field. Of course negative behavior is noticed - and sometimes exaggerated – but the community notices the positive, too.

While perfection will never be achieved, our coaches must strive – every day – to meet that high ethical standard, for themselves and for the athletes under their supervision. By doing so, coaches can teach student-athletes life lessons that extend far beyond their high school years. And there is nothing more important that coaches can do for their student- athletes.

Yours in Catholic Education,

Jim Mattingly
Superintendent
Diocese of Owensboro Catholic Schools

I received and read this letter _____
Employee signature

Date _____